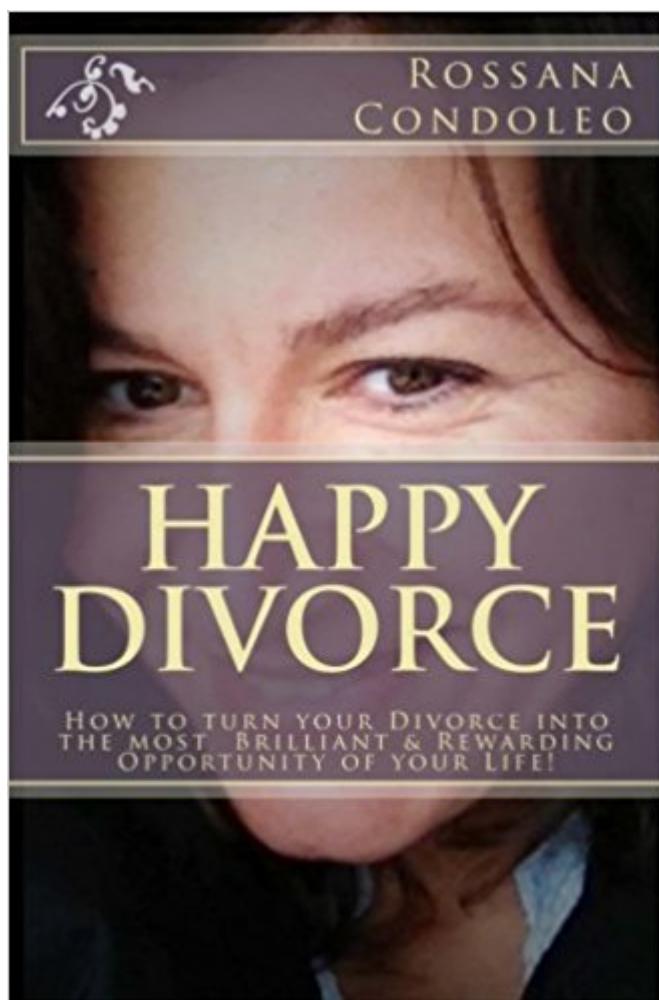


The book was found

Happy Divorce: How To Turn Your Divorce Into The Most Brilliant And Rewarding Opportunity Of Your Life!



Synopsis

"Are you Armed against Divorce Challenges & Unfairness?" HAPPY DIVORCE is a hands-on road map for anyone negotiating the brutal minefield of separation and divorce. It has been written to help individuals sort out who they are and what the future holds for them, following a necessary divorce. In the pages of this remarkably understanding guide, discover the essence of true happiness and unleash the power to liberate one's mind and mend a broken heart. Writer and relationship counselor, Rossana Condoleo, inspires and uplifts, helping people see to the future rather than mourn the past. Her book has the specific goal of helping companions, suffering the strain of divorce, to avoid pitfalls and mistakes that are all too common. While coaching and empowering individuals to take charge of their life, and circumstances, this guide builds greater self-confidence and will prevent the need to ever look back and utter the words, "If only I had known!" The guide delivers a two-part approach, as illustrated below: Part One: (Emotional Focus) How to cope with the stress and pain of divorce. Ease frustration and regain a sense of control over your life and future. Focus on setting new, attainable goals in every aspect of your life. Don't give up on your visions - dare to dream again. Discover life's harmony and inner balance that will lead to long-term happiness. And much, much more... Part Two: (Advice for dealing with the sensitive challenges associated with divorce) Managing social life (as a separated/divorced person), as well as contacts and relationships with ex-husband/wife and their family/friends. Uncover the beauty that lies within, and heal both body and spirit. Helping children understand while looking after their best interests. Taking care of a home on your own. Choosing a divorce lawyer: what to ask and expect. Getting back to dating and all it implies. And again, much more pertinent information... "DIVORCE = REBIRTH: Forget the past, re plan your life, improve your appearance & rejuvenate! Empowered, transformed and ready to ENJOY YOUR NEXT LIFE." Anyone facing the rigors of divorce, regardless of how amicable it may seem, will have unique hurdles to overcome. They are inevitable, but facing them with hope, humor, and courage can make all the difference for everyone involved. Life goes on...it must. Approach the breakup with Ms. Condoleo in your corner and give your life, and your future, a fighting chance. Download or purchase a copy of Happy Divorce today and begin the process of healing. Being elevated with positive, straightforward, helpful advice is all anybody needs to put them on the road to lasting happiness and a new life, filled with achievement and greater fulfillment. Divorce may be messy...but it need not mess you up.

Book Information

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Customer Reviews

"Rossana Condoleo's 'Happy Divorce' is one of those rare gems that bring back your faith in humanity. Divorce is ugly, but you don't actually have to "die" from it. As the old saying goes (and also a popular Kanye West song), "What doesn't kill you makes you stronger." And perhaps it's safe to say 'Happy Divorce' is the post-divorce guide on how to bounce back and regain your strength and happiness, for real. With the right proactive attitude, you can turn what might be the bleakest chapter of your life into a pivotal moment toward genuine fulfillment."~ New York Book Pundit"The book is exhaustively detailed--Condoleo does not leave a stone unturned in her discussion of the many, multifaceted aspects of a divorce. Two people who have been married and have kids is a complicated thing, and when the couple separate, it can be a massive task of trying to achieve something win-win while doing what you can to stifle all the ill feelings you have toward your soon-to-be-ex partner. First-time divorcees may find themselves clutching at straws in terms of how to carry themselves from day to day and how to rebuild their lives after the separation."~ New York Book Pundit"[...] the book does NOT glorify divorce--it does not aim to take the matter of divorce lightly, as if it were something that can be taken in stride, after which you can merely dust it off your clothes and sally forth into the sunset. What the book IS about, however, is a courageous "push" toward the right direction--after all, if divorce is inevitable, your attitude towards it can make or break you as a person. And what better way to move on and pick up the pieces of your broken self than Condoleo's reassuring, confidence-boosting words found in this book?"~ New York Book PunditOverall, this 'Happy Divorce' is a life-saver. Yes, a divorce can be crippling--but you can turn it into a glass half-full thing and transform it into a positive turning point in your life. Condoleo's

insight is so spot-on--it brims with that powerful wisdom that shines only because it is truthful. Anyone who has undergone a divorce MUST order a copy of this book--or better, if you know anyone who may be down in the dumps after a divorce, gift them this book--it may be the most awesome thing you can do today. Five stars, no less." ~ New York Book Pundit

No Content

In my line of work I occasionally encounter people who are having relationship problems and they look to me for answers. Too often I struggle with what I might say to soothe their troubled heart, which is why I downloaded this book. The title was the selling point for me. I wanted something upbeat that would offer me some insight into divorce from a professional's perspective. As a child, I watched my parents endure a bitter divorce that ate at my mother for 22 years, until the day she died. After completing this book, I wish she would have read something similar. It would have helped her overcome the anxiety and hurt that consumed her for far too long. I must admit I am happily married, but Happy Divorce did me a wealth of good. It certainly is geared toward individuals navigating a broken relationship, but it's also about bettering yourself. The author is well versed in this field and her expertise comes through with the content and writing style. The book itself is divided into two portions, each having a unique focus. I appreciated the section on building self-esteem, and becoming your own person. She's included an exercise in the form of a questionnaire that was very intuitive and rewarding. It took me a few hours to complete the written task, but I found the experience quite fulfilling. My wife and I did it together and we had fun comparing our responses. I would recommend the book to anyone, based solely on access to the questionnaire. I thought of my mother often as I read this book. So much of what was written puts divorce into a clear, understandable, manageable box for anyone in the midst of a split. It did help me gain some valuable insight into the psyche of divorce and what I might say to help others in need. There are some useful specifics in part two, such as finding a divorce lawyer, how to deal with the ex's family, and how to help children understand the sadness of a family dissolving. I did find a bit of redundancy throughout, but the emphasis was not distracting. I would recommend this book to any individual or couple that is embroiled in a separation or thinking about it. It is very detailed, leaving no aspect of divorce unexplored. I believe most, especially women, will relate to the author, as she writes from a position of having been there and had to discover what it meant to have a Happy Divorce.

I enjoyed the book it resonated in my mind all the thoughts I have had throughout this grieving process. I have a way to go but it helped put some things into perspective. Thanks

Heart warming and excellent read. Divorce isn't something to take lightly and this book really gets into how to cope and dealing with the nitty gritty of divorce, from the emotional roller coaster to the after affect, on children, your personal life, ect.... It is a must read for anyone going through a divorce, or even thinking about getting one. It was truly an excellent read!

Down to earth with valuable insights!

Although I am happily un-divorced I had heard people talking very positively about Rossana Condoleo's 'Happy Divorce'. So I thought I would give it a go. I am glad I did. It is very interesting with a refreshing philosophy and gives a perceptive insight into dealing spiritually, mentally and physically with the pains and pitfalls of the divorce process and then how to survive in the single world again. A self empowerment book at it's best. An unhappy marriage and subsequent divorce is not mandatory. Rossana's style is very approachable and honest making this book a real pleasure to read.

I had to return it because of the poor editing and lack of structure. Ouch!

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